



# Tower Garden® Best Practices Summary

Certified Seedling Provider for The Juice Plus+ Company and Future Growing, LLC

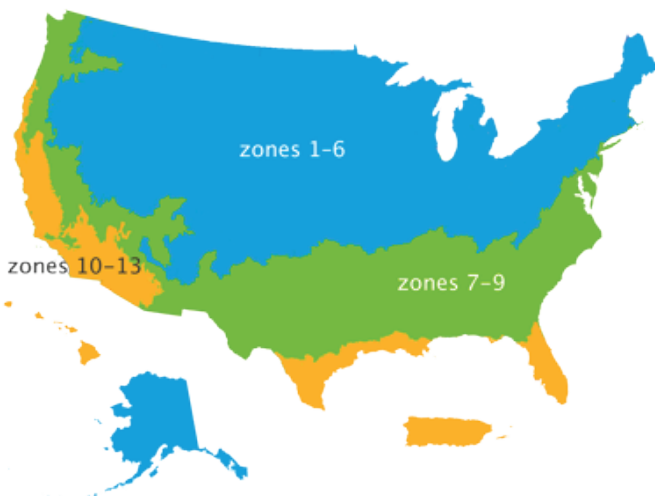
*This is a summary of the presentation given by Bret Bowlin of ATL Urban Farms at the 2014 Memphis Juice Plus+® conference.*

## ***A Simple, Effective Method for Becoming A Master Tower Gardener***

### **1. Start Strong!**

Where you live helps you plan crops and seasonal changeouts. Generally, 55°F at night defines cool vs. warm season transition. Plants thrive with direct sun, water, minerals, air circulation, and pruning (harvesting). Basics of Tower Tonic and pH... KISS

- ♦ Know Your Zone
- ♦ Choose Your Crop
- ♦ Choose A Location
- ♦ Water and Testing



### **2. Hug Your Tower**

Become a detective, you don't need all the answers at first, just starting looking and becoming familiar. Learn as you grow, one season at a time

- ♦ Become A Detective
- ♦ Look for Changes
- ♦ Experience = Expertise

### **3. Be Responsive**

Eat Faster, younger crops taste better and don't get as many insect issues. Check the basics... water level, pump, timer. Step back and look... where is the damage/insect? All plants or just one? Treat with oil, soap, or contact spray, Bt (for caterpillars). You need four basic products to take care of 90% of all issues.

- ♦ Harvest - Eat Your Results
- ♦ Troubleshoot - Process of Elimination
- ♦ Treat - Attack the problem areas
- ♦ Read - Gain knowledge through research

### **4. Plan Your Next Move**

You're gaining momentum and experience. You've learned the basics, now start refining your Tower Garden® experience.

- ♦ Consider the Season
- ♦ Plan A Crop
- ♦ Join A Community
- ♦ Share with Friends

***This is the beginning of a beautiful relationship!***