



Tower Garden® Best Practices Summary

Certified Seedling Provider for The Juice Plus+ Company and Future Growing, LLC

A Simple, Effective Method for Becoming A Master Tower Gardener

1. Start Strong!

Where you live helps you plan crops and seasonal changeouts. Generally, 55°F at night defines cool vs. warm season transition. Plants thrive with direct sun, water, minerals, air circulation, and pruning (harvesting). Basics of Tower Tonic and pH... KISS

- ♦ Know Your Zone
- ♦ Choose Your Crop
- ♦ Choose A Location
- ♦ Water and Testing

2. Hug Your Tower

Become a detective, you don't need all the answers at first, just starting looking and becoming familiar. Learn as you grow, one season at a time

- ♦ Become A Detective
- ♦ Look for Changes
- ♦ Experience = Expertise

3. Be Responsive

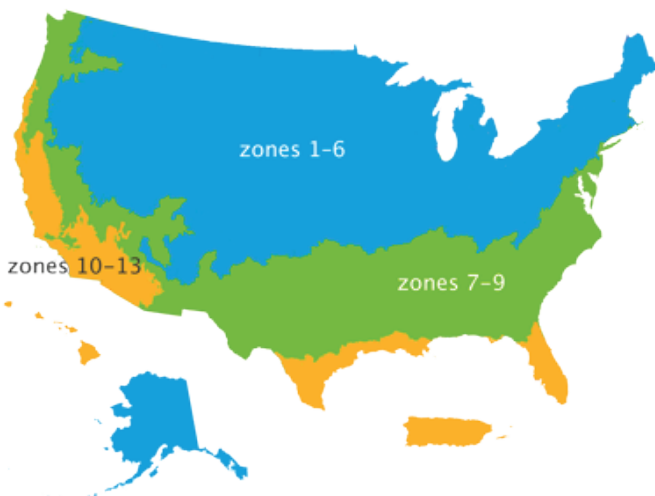
Eat Faster, younger crops taste better and don't get as many insect issues. Check the basics... water level, pump, timer. Step back and look... where is the damage/insect? All plants or just one? Treat with oil, soap, or contact spray, Bt (for caterpillars). You need four basic products to take care of 90% of all issues.

- ♦ Harvest - Eat Your Results
- ♦ Troubleshoot - Process of Elimination
- ♦ Treat - Attack the problem areas
- ♦ Read - Gain knowledge through research

4. Plan Your Next Move

You're gaining momentum and experience. You've learned the basics, now start refining your Tower Garden® experience.

- ♦ Consider the Season
- ♦ Plan A Crop
- ♦ Join A Community
- ♦ Share with Friends



This is the beginning of a beautiful relationship!