

Create a Successful How-To Plan for your Tower Garden

1. Choose the best location for your Tower Garden

Indoors

- Take into consideration people/pet traffic
- Set timer to 15 mins. On, 45 mins. Off
- Make sure you have adequate air flow
- You will need LED lights set for 16hrs on
- New timer = set to I for indoors

Outdoors

- How much sun will it get? Needs min. 6-8 hrs.
- Monitor day and night temps in case protection from elements is needed
- Set timer for 15 mins. On/ 45 off
- New Timer = set to O for outdoors

2. Choose Plants that you, your family and friends like to eat!

- This is the most fun part! If you are new to gardening, we suggest you start with plants that are easy to grow and harvest them often. If you are an experienced gardener, choose the plants you love to eat.
- We suggest choosing plants that grow well in your planting zone.
- Research which plants are susceptible to pests or disease. Plants such as lettuces and herbs are the most resistant to pests whereas greens such as spinach, kale and vegetables that last longer may attract more aphids (don't let that stop you because aphids are controllable.) Viney plants take longer to grow and need care in keeping off the ground, but who doesn't like a fresh tomato?

3. Who will be responsible for the actual gardening?

- You will need someone assigned "farmer" status to plant, check, protect, treat, clean and harvest what you grow. Every garden needs tending, just a lot less with Tower Garden.

4. Be Prepared for Pest & Disease Control!

- Your Tower Garden will not suffer from soil-borne pests and diseases. However, air born pests and worms & caterpillars may still need to be eradicated. Gardening is gardening.
- Plants grown on the Tower Garden grow faster and if pruned and harvested often, it minimizes risk of pests and diseases.
- In your daily inspection, if you notice pests TREAT IMMEDIATELY, before it becomes an infestation
- It is important to have a pest and disease prevention and treatment program in place **before it is needed**. Have the products needed for aphids, caterpillars and fungal disease on hand.

5. How to get started with Seedlings

- The easiest and fastest way to start gardening is to purchase seedlings specific for Tower Gardens from Tennessee Urban Farm.
- However, you can propagate seedlings yourself and is a great experience for you and children.
- Plant your seedlings after the root is showing through the bottom of the rockwool.
- You can repurpose seedlings grown in dirt for the tower. You will need to remove all dirt from roots.

For more information contact Tennessee Urban Farm, www.TennesseeUrbanFarm.com